



JUST SOME QUICK UPDATES FOR EVERYONE -

One of our most active members is having open hearts surgery this weekend. Please keep him in your thoughts. He is an accomplished triathlete with a couple of Ironmans under his belt. We are all hoping for a fast recovery!

JUNE SOCIAL - FRIDAY, June 19 - 7:00 PM - Toro Burger on Mesa next to CRAZY CAT

CONGRATS TO EVERYONE THAT RACED LAST WEEKEND AT BEAT THE HEAT. WE HAD THE TOP OVERALL MALE AND FEMALE. GREAT JOB TO REPRESENT THE TRI CLUB! WE GOT A LOT OF COMPLIMENTS ON OUR TRI SUITS.

GOOD LUCK TO EVERYONE RACING NEXT WEEKEND AT BUFFALO SPRINGS. IT IS A GREAT EVENT THAT HAS GREAT DIRECTORS. IF YOU HAVE NOT SIGNED UP YET THERE IS STILL TIME. IT'S THE HALF IM OR THE SPIRINT. IF YOU DO THE SPRINT HANG AROUND AND WATCH THE HALF IM GUYS AND GALS ROCK THE COURSE. GOOD LUCK - IF ANYONE WANTS TO SHARE RIDES/HOTEL PLEASE SEND US AN EMAIL AND WE WILL PUT YOU IN TOUCH WITH EACH OTHER! YOU GUYS BETTER SEND IN SOME GOOD PICS!

UPCOMING RACES TO PONDER -

BUFFALO SPRINGS LAKE 70.3 TRIATHLON

Sunday - JUNE 28TH, 2009

1.2 Mile Swim / 56 Mile Bike / 13.1 Mile Run

Marti Greer (877) 719-4957

marti@buffalospringslaketriathlon.com

www.buffalospringslaketriathlon.com

P.O. Box 93726

Lubbock, TX 79493

Registration Deadline: June 27 / No Race Day Registration

USAT SANCTIONED

TRI-RAIDER SPRINT TRIATHLON

Sunday - JUNE 28TH, 2009

500M Swim / 20K Bike / 5K Run

Marti Greer (877) 719-4957

marti@buffalospringslaketriathlon.com

www.buffalospringslaketriathlon.com

P.O. Box 93726

Lubbock, TX 79493

Registration Deadline: June 27 / No Race Day Registration

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GRADY WILLIAMS MEMORIAL FREEDOM DAYS TRIATHLON

Saturday - JULY 4TH, 2009

1.5k Swim / 10K Run / 40K Bike

Debbie Dusenbery (800) 448-1240

fmncvb@earthlink.net

www.farmingtonnm.org

3041 East Main

Farmington, NM 87402

Registration Deadline: July 3 / No Race Day Registration

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BOTTOMLESS TRIATHLON

Saturday - JULY 11TH, 2009

400M Swim / 12K Bike / 4K Run

Jan Olesinski (505) 624-2698

olesinski@nmmi.edu

<http://myweb.cableone.net/janolesinski>

900 Mason Dr

Roswell, NM 88201

Registration Deadline: July 7 FIRM

CITY OF LAS CRUCES DUATHLON

Saturday - JULY 18TH, 2009

5K Run / 26 Mile Bike / 5K Run

Claudia Chavez (575) 541-2558

<mailto:cchavez@las-cruces.org>

www.las-cruces.org

P.O. Box 20000

Las Cruces, NM 88004

Race Day Registration Allowed